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# Approaches based on complexity darken rather than solve the mind-body problem

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## Abstract

This paper aims to offer a broad criticism of the underpinnings of the so-called "complexity-theories" in their approach to a problem that has puzzled philosophers and scientists for centuries: the relationship between mind and body. We will pay special attention to the ideas of Alicia Juarrero, a distinguished exponent of this explanatory model, whose epistemological implications will be outlined.

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